





# 2<sup>nd</sup> ALPE ADRIA TRANS-NATIONAL MEETING

# **True or false?**

Fact-checking in pediatric endocrinology



Patronage required

💥 REGIΩNE AUTONΩMA FRI⊻LI VENEZIA GIULIA

istituto di Ricovero e cura a carattere scientifico Burlo Garofolo di Trieste





SIEDP Società Italiana di Endocrinologia e Diabetologia Pediatrica



DSMCS Dipartimento di Scienze Mediche Chirurgiche e della Salute Università degli Studi di Trieste



OMCeO Ordine dei Medici Chirurghi e Odontoiatri della Provincia di Trieste **True or false?** 



# Fact-checking in pediatric endocrinology

How many questions from parents can pediatricians answer each day? Many questions arise every day as a result of seeing children in clinical practice. In the era of evidence-based medicine, are all our answers correct and updated?

Starting from some of the most frequent answers we can give to questions regarding the pediatric endocrinology field, we will find out whether they are true or false through an EBM fact-checking, in order to improve our daily practice.

The congress is dedicated to pediatricians (residents in pediatrics, primary care and hospital pediatricians), endocrinologists and nurses.

## 8.30 Opening

### Introduction

Chair: Andrea Taddio (Trieste, Italy), Elena Faleschini (Trieste, Italy)

- 8.40 Pediatric Endocrinology in Alpe Adria Gianluca Tornese (Trieste, Italy)
- 8.45 Alpe Adria: what are we talking about? *Igor Jelen (Trieste, Italy)*

# Growth & Bone

Chair: Tadej Battelino (Ljubljana, Slovenia)

- 9.00 If she were a Turner, I would recognize her Claus Gravholt (Aarhus, Denmark) Introduced by the case of Benedetta Bossini (Trieste, Italy)
- **9.30** Your child will grow and catch up at puberty Roberto Franceschi (Trento, Italy) Introduced by the case of Prisca Da Lozzo (Trieste, Italy)
- **10.00** There is no reason to worry: your child is just as short as you *Fabio Sirchia (Pavia, Italy)* Introduced by the case of *Gianluca Tamaro (Trieste, Italy)*
- 10.30 Rickets is no longer an issue Laura Guazzarotti (Padua, Italy) Introduced by the case of Anna Agrusti (Trieste, Italy)
- 11.00 Break

**drenal** Chair: Daniela Driul (Udine, Italy) We need to investigate early pubic hair 11`15 Katja Dumić (Zagreb, Croatia) Introduced by the case of *Duje Braovac (Zagreb, Croatia)* Adrenal insufficiency is very rare and it would be evident 11.45 Gianni Russo (Milan, Italv) Introduced by the case of Sanja Panić (Belgrade, Serbia) 12.15 Break **Thyroid** Chair: Maria Chiara Pellegrin (Trieste, Italy) 14.00 Your child is obese: let's check the thyroid Primož Kotnik (Liubliana, Slovenia) Introduced by the case of Maja Raicevic (Podgorica. Montenegro) 14.30 When your child is diagnosed with congenital hypothyroidism, the treatment is life-long Rade Vuković (Belgrade, Serbia) Introduced by the case of Andrea Trombetta (Trieste, Italy) 15.00 There is no more need to consider iodine deficiency

Silvia Longhi (Bozen, Italy) Introduced by the case of Francesco Baldo (Trieste, Italy)

15.30 Break

# **Puberty**

Chair: Nevena Krnić (Zagreb, Croatia)

- **15.45 Puberty is starting earlier and earlier nowadays...** *Magdalena Avbelj Stefanija (Ljubljana, Slovenia)* Introduced by the case of *Jasna Šuput Omladič (Ljubljana, Slovenia)*
- **16.15** It is normal to have irregular periods in the first years after menarche *Cecilia Bonin (Verona, Italy)* Introduced by the case of *Laura De Nardi (Trieste, Italy)*
- 16.45 Once your son has started puberty, there is no need to further check down there *Claus Gravholt (Aarhus, Denmark)* Introduced by the case of *Maja Vinkovič (Zagreb, Croatia)*

# **17.15 Conclusions and final remarks** *Egidio Barbi (Trieste, Italy)*

Each presentation Case presentation (2') + Presentation (15') + Discussion (10')

# **GENERAL INFORMATION**

#### DATE

2<sup>nd</sup> October, 2020

#### CME (9 CME credits)

Event accredited at Age.na.s. only for Italian participants.

**Professions:** Medical Doctor (all fields), Pharmacist, Psychologist, Dietitian, Nurse, Pediatric Nurse.

Only shall the participants who attended the whole congress, filled in and delivered the evaluation questionnaire be entitled to obtain the CME credits and the CME certificate.

#### REGISTRATION

#### To register: www.quickline.it

The congress language is English, there is no simultaneous translation.

#### Due to Coronavirus social distancing measures the congress will be held online.

The webinar is in direct connection with the speakers and will be supplied through the platform "Virtual Interactive Congress".

The access data to the platform will be sent by e-mail to all the participants a few days before the start of the course.

#### **SCIENTIFIC COMMITTEE**

Gianluca Tornese IRCCS Burlo Garofolo, Trieste - Italy

#### FACULTY

Avbeli Stefanija Magdalena Ljubljana, Slovenia Barbi Egidio Trieste, Italy Battelino Tadej Ljubljana, Slovenia Bonin Cecilia Verona, Italy Driul Daniela Udine. Italv Dumić Katja Zagreb, Croatia Faleschini Elena Trieste. Italv Franceschi Roberto Trento, Italv Gravholt Claus Aarhus. Denmark Guazzarotti Laura Padua. Italv Jelen loor Trieste, Italy Kotnik Primož Ljubljana, Slovenia Krnić Nevena Zagreb, Croatia Longhi Silvia Bozen, Italv Pellegrin Maria Chiara Trieste, Italy Russo Gianni Milan. Italv Sirchia Fabio Pavia. Italv Taddio Andrea Trieste. Italv Tornese Gianluca Trieste, Italy Vuković Rade Belgrade, Serbia

#### **ORGANIZING SECRETARIAT CME PROVIDER (2512)**

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